



# T# P# ESC15460

Patient Name

Address 1 Address 2

City State Zip

USPS BARCODE

Dear Patient Name,

At Mountain Health CO-OP, we are committed to providing you with the best possible care, and ensuring your well-being is our top priority. We have partnered with Exact Sciences, the makers of Cologuard®, to bring you a convenient, at-home screening option for colon cancer at no cost to you.

When caught early colon cancer is very treatable, but early detection is key.

- You should have your first screening at age 45 if you are average risk. Contact your doctor if you are unsure of your risk.
- This screening is preventive and offered at no cost to you.
- You will receive a kit in the mail. Make sure to follow the instructions in the kit. After you return your sample to the lab, you will get results in approximately two weeks.
- Make sure you share your results with your doctor.

We understand that certain medical procedures can be daunting, which is why we are pleased to offer you this alternative to the traditional colonoscopy. This option is non-invasive and can be completed in the comfort of your home.

**You have the choice to participate and are not obligated to do so. If you choose to complete the test, you will be alerted if you need to have more testing done with your local provider.**

**Here is what you can expect next:**

- Your Cologuard kit will arrive at your home in a few days.
- Follow the instructions inside the kit. You can also visit **Cologuard.com/use** or scan the QR code for a helpful video.
- Return the kit to UPS®. There is a prepaid shipping label included.



If you have completed a Cologuard kit within the last three years, you may not receive a Cologuard kit as part of this program as you are up to date with your screening. If you already have a Cologuard kit, please use it to collect your sample and return it as soon as possible. Your result is usually ready within two weeks.

**Have questions? We're here to help 24/7.**

- Call **1-844-870-8870**.
- Visit **Cologuard.com** to live chat.

Sincerely,  
Mountain Health CO-OP & Exact Sciences Laboratories

### **Indications and Important Risk Information**

Cologuard is intended to screen adults 45 years of age and older who are at average risk for colorectal cancer by detecting certain DNA markers and blood in the stool. Do not use if you have had adenomas, have inflammatory bowel disease and certain hereditary syndromes, or a personal or family history of colorectal cancer. Cologuard is not a replacement for colonoscopy in high-risk patients. Cologuard performance in adults ages 45-49 is estimated based on a large clinical study of patients 50 and older.

The Cologuard test result should be interpreted with caution. A positive test result does not confirm the presence of cancer. Patients with a positive test result should be referred for colonoscopy. A negative test result does not confirm the absence of cancer. Patients with a negative test result should discuss with their doctor when they need to be tested again. False positives and false negative results can occur. In a clinical study, 13% of people without cancer received a positive result (false positive) and 8% of people with cancer received a negative result (false negative). Rx only.

EXACT SCIENCES LABORATORIES

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