

HIGH PLAINS INDIVIDUAL SILVER WYOMING 73

Read Your Policy Carefully – This managed care Outline Of Coverage (OOC) provides a very brief description of important features of your policy. This is not the insurance contract and only the actual policy provisions will control. The policy itself sets forth in detail the rights and obligations, of both you and those of Mountain Health Co-op. It is, therefore, important that you please read your policy carefully.

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Provider Network: High Plains		Coverage Year: 2023
Premium Due Date: 1 st day of each month		Premium: []
Maximum Lifetime Benefit	In-network	Out-of-network
Individual (per member)	Unlimited	Unlimited
Deductible – Benefit/Plan Year	In-network	Out-of-network
Individual (per member)	\$6,700	\$20,100
Family (per family)	\$13,400	\$40,200
Out-of-Pocket Limit Per Benefit/Plan Year	In-network	Out-of-network
Individual (per member)	\$7,000	\$21,000
Family (per family)	\$14,000	\$42,000
Coinsurance	In-network	Out-of-network
	40%	60%

This Policy provides a network through which members can receive benefits for allowable services from in-network providers. When using an in-network provider for covered medical expenses, the member is only responsible for applicable deductible, coinsurance and/or copayments of the allowable amount up to the maximum out-of-pocket. When using an out-of-network provider, the member is responsible for payment of billed charges beyond the allowed amount for covered medical expenses. Please note: The member is responsible for full charge of any non-covered medical expense. When you get emergency care or get treated by an out-of-network provider at an in-network hospital or ambulatory surgical center, you are protected from surprise billing or balance billing. For more information about "surprise billing, visit https://mountainhealth.coop/members/ and review the information provided under "Surprise Billing".

COVERED BENEFITS

This Policy will pay Covered Medical Expenses incurred for Covered Benefits provided in *Section 5 of your policy Document, Covered Benefits*: based on the Allowable Fee, Deductible, Coinsurance, and Annual Out-of-Pocket Maximum amounts shown under the *Benefit Information* section of this Outline of Coverage. If a Copayment applies to a Covered Benefit, it will be indicated below in this Covered Benefits section. For Information regarding Prior Authorization section 6, *Utilization Review, Management Program*.

Covered Benefit

YOUR COST

YOUR COST OUT-OF-NETWORK

Preventive Care	Prior Authorization May be Required	
Preventive/Wellness	0% No deductible	60% after deductible

Professional Services	Prior Authorization May be Required		
Primary care provider	\$40 no deductible	60% after deductible	
Specialist office visit	\$75 no deductible	60% after deductible	
Therapy office visit -PT, OT, ST – (40 visits per calendar year for physical therapy and combined 20 visit per calendar year maximum for occupational therapy & speech therapy.)	\$75 no deductible	60% after deductible	
Acupuncture (12 visits per benefit/plan year)	40% after deductible	60% after deductible	
Doctor on Demand	\$20 no deductible	NA	
Surgeon	40% after deductible	60% after deductible	
Anesthesiologist	40% after deductible	60% after deductible	
Outpatient habilitation services – (40 visits per calendar year for physical therapy and combined 20 visit per calendar year maximum for occupational therapy & speech therapy.)	40% after deductible	60% after deductible	
Outpatient rehabilitation services- (40 visits per calendar year for physical therapy and combined 20 visit per calendar year maximum for occupational therapy & speech therapy.)	40% after deductible	60% after deductible	
Chiropractic Services- Maximum number of services per benefit year (20)	\$75 no deductible	60% after deductible	
Hospital/Facility Services	Prior Authorization May be Required		
Inpatient room and board	40% after deductible	60% after deductible	
Inpatient habilitation services	40% after deductible	60% after deductible	
Inpatient rehabilitation services	40% after deductible	60% after deductible	
Skilled nursing facility care	40% after deductible	60% after deductible	
Outpatient surgery/services	40% after deductible	60% after deductible	

Diagnostic and therapeutic	50% after deductible	60% after deductible
radiology/laboratory and dialysis Center of Excellence with prior approval by the Co-op	0% no deductible	60% after deductible
Jrgent and Emergency Services		
Urgent care center	\$110 no deductible	60% after deductible
Doctor on Demand	\$20 no deductible	NA
Emergency room	50% after deductible	50% after deductible
Ambulance, ground and air	50% after deductible	50% after deductible
Prescription Drug Benefit Prior Authorization May be Required	If you choose a higher Tier drug when a lower Tier drug is available, you may be subject to additional member responsibility.	
Preventive Drugs (Tier 5 online search)	\$0 no deductible	60% after deductible
Retail Pharmacy Prescriptions (30-day s Tier 1-Preferred Generic Drug		60% ofter deductible
	upply) 15% no deductible 30% no deductible	60% after deductible 60% after deductible
Tier 1-Preferred Generic Drug Tier 2-Preferred Brand and Non-	15% no deductible	
Tier 2-Preferred Brand and Non- Preferred Generic Drugs Tier 3-Non-Preferred Brand	15% no deductible 30% no deductible	60% after deductible
Tier 1-Preferred Generic Drug Tier 2-Preferred Brand and Non- Preferred Generic Drugs Tier 3-Non-Preferred Brand Drugs Tier 4-Non-Preferred Brand	15% no deductible 30% no deductible 40% no deductible	60% after deductible 60% after deductible
Tier 1-Preferred Generic Drug Tier 2-Preferred Brand and Non-Preferred Generic Drugs Tier 3-Non-Preferred Brand Drugs Tier 4-Non-Preferred Brand Drugs	15% no deductible 30% no deductible 40% no deductible	60% after deductible 60% after deductible
Tier 1-Preferred Generic Drug Tier 2-Preferred Brand and Non- Preferred Generic Drugs Tier 3-Non-Preferred Brand Drugs Tier 4-Non-Preferred Brand Drugs Mail Order Maintenance (90-day supply)	15% no deductible 30% no deductible 40% no deductible 50% no deductible	60% after deductible 60% after deductible 60% after deductible

Covered Benefit	YOUR COST IN-NETWORK	YOUR COST OUT-OF-NETWORK		
Mental Health, Autism Spectrum Disorder and Substance Use Disorder Services Prior Authorization May be Required				
Office visits	\$40 no deductible	60% after deductible		
Inpatient care	40% after deductible	60% after deductible		
Outpatient care	40% after deductible	60% after deductible		
Doctor on Demand	\$20 no deductible	NA		
Residential programs	40% after deductible	60% after deductible		
Other Covered Services	Prior Authorization May be Required			
Durable medical equipment	40% after deductible	60% after deductible		
Home health	40% after deductible	60% after deductible		
Prosthetics	40% after deductible	60% after deductible		
Transplants	40% after deductible	60% after deductible		
Bariatric Surgery – (One per lifetime)	40% after deductible	60% after deductible		
Pediatric Vision Care Services	<i>This Vision Care Benefit only applies to Covered Dependents underage 19.</i>			
Vision examination (one per benefit/plan year)	0% no deductible	25% after deductible		
Vision care materials	See Policy for limitations			
Vision Exam Reimbursement	Reimbursement Maximum			
Vision exam (one per benefit/plan year)	\$60			
Dental Exam Reimbursement	Reimbursement Maximum			
Dental exam (one per benefit/plan year)	\$100			

This is a brief summary of benefits. Refer to your policy for additional information or a further explanation of benefits, limitations, and exclusions.

(1) Comprehensive Health Insurance Coverage — Policies of this category are designed to provide to members, coverage for major hospital, medical, and surgical expenses incurred as a result of a covered accident or sickness. Coverage is provided for daily hospital room and board, miscellaneous hospital services, surgical services, anesthesia services, in-hospital medical services, and out-of-hospital care, subject to any deductibles, co-payment and/or coinsurance provisions, or other limitations which may be set forth in the policy.

- (2) Description of Benefits The policy provides Comprehensive Health Preferred Provider Organization (PPO) Insurance coverage. You have the option to receive services from an In-Network or an Out-of-Network Provider. Generally, benefits are paid at a higher level when an In-Network Provider is used. The Outline of Coverage reflects the benefits payable when services for Covered Benefits are provided by an In-Network Provider or an Out-of-Network Provider. The Outline of Coverage and the Covered Benefits provided under the Policy are indicated above.
- (3) Out-of-Network Maximum Be aware that your actual costs for services provided by an out-of-network provider may exceed this policy's maximum out-of-pocket for out-of-network services because out-of-network providers can bill you for the difference between the amount charged by the provider and the amount allowed by the insurance company. Amounts in excess of the allowed amount are not counted toward the out-ofnetwork deductible or maximum out-of-pocket.
- (4) **Prior Approval** Covered Services may be subject to the prior approval process. Please see the comprehensive policy document for details on what services require prior authorization.