

## Outline of Coverage

### PLUS INDIVIDUAL GOLD MONTANA NAZC

Read Your Policy Carefully – This managed care Outline of Coverage (OOC) provides a very brief description of important features of your policy. This is not the insurance contract and only the actual policy provisions will control. The policy itself sets forth in detail the rights and obligations, of both you and those of Mountain Health Co-op. It is, therefore, important that you **please read your policy carefully.**

**Provider Network:** PLUS

**Coverage Year:** 2023

**Premium Due Date:** 1<sup>st</sup> day of each month

**Premium:** [ ]

	In-network	Out-of-network
<b>Maximum Lifetime Benefit</b>		
<b>Individual</b> (per member)	Unlimited	Unlimited
<b>Deductible – Benefit/Plan Year</b>	In-network	Out-of-network
<b>Individual</b> (per member)	\$0	\$0
<b>Family</b> (per family)	\$0	\$0
<b>Out-of-Pocket Limit Per Benefit/Plan Year</b>	In-network	Out-of-network
<b>Individual</b> (per member)	\$0	\$0
<b>Family</b> (per family)	\$0	\$0
<b>Coinsurance</b>	In-network	Out-of-network
	0%	0%

This Policy provides a network through which members can receive benefits for allowable services from in-network providers. When using an in-network provider for covered medical expenses, the member is only responsible for applicable deductible, coinsurance and/or copayments of the allowable amount up to the maximum out-of-pocket. When using an out-of-network provider, the member is responsible for payment of billed charges beyond the allowed amount for covered medical expenses. Please note: The member is responsible for full charge of any non-covered medical expense. When you get emergency care or get treated by an out-of-network provider at an in-network hospital or ambulatory surgical center, you are protected from surprise billing or balance billing. For more information about “surprise billing, visit <https://mountainhealth.coop/members/> and review the information provided under “Surprise Billing”.

### COVERED BENEFITS

This Policy will pay Covered Medical Expenses incurred for Covered Benefits provided in *Section 5 of your policy Document, Covered Benefits*: based on the Allowable Fee, Deductible, Coinsurance, and Annual Out-of-Pocket Maximum amounts shown under the *Benefit Information* section of this Outline of Coverage. If a Copayment applies to a Covered Benefit, it will be indicated below in this Covered Benefits section. For Information regarding Prior Authorization section 6, *Utilization Review, Management Program*.

<b>Covered Benefit</b>	<b>YOUR COST IN-NETWORK</b>	<b>YOUR COST OUT-OF-NETWORK</b>
<b>Preventive Care</b>		
<b>Prior Authorization May be Required</b>		
<a href="#"><u>Preventive/Wellness</u></a>	No charge	No charge

<b>Professional Services</b>		
<b>Prior Authorization May be Required</b>		
<b>Primary care provider</b>	No charge	No charge
<b>Specialist office visit</b>	No charge	No charge
<b>Therapy office visit -PT, OT, ST</b>	No charge	No charge
<b>Acupuncture</b> (12 visits per benefit/plan year)	No charge	No charge
<a href="#"><u>Doctor on Demand</u></a>	No charge	NA
<b>Surgeon</b>	No charge	No charge
<b>Anesthesiologist</b>	No charge	No charge
<b>Outpatient habilitation services</b>	No charge	No charge
<b>Outpatient rehabilitation services</b>	No charge	No charge
<b>Chiropractic Services-</b> Maximum number of services per benefit year (20)	No charge	No charge

<b>Hospital/Facility Services</b>		
<b>Prior Authorization May be Required</b>		
<b>Inpatient room and board</b>	No charge	No charge
<b>Inpatient habilitation services</b>	No charge	No charge
<b>Inpatient rehabilitation services</b>	No charge	No charge
<b>Skilled nursing facility care</b> (60 day limit per plan/benefit year)	No charge	No charge
<b>Outpatient surgery/services</b>	No charge	No charge
<b>Diagnostic and therapeutic radiology/laboratory and dialysis</b>	No charge	No charge
<b>Center of Excellence with prior approval by the Co-op</b>	No charge	No charge

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Urgent and Emergency Services		
Urgent care center	No charge	No charge
<a href="#">Doctor on Demand</a>	No charge	NA
Emergency room	No charge	No charge
Ambulance, ground, and air	No charge	No charge
Prescription Drug Benefit Prior Authorization May be Required	<i>If you choose a higher Tier drug when a lower Tier drug is available, you may be subject to additional member responsibility.</i>	
<b>Preventive Drugs</b> (Tier 5 online search)	No charge	No charge
<b>Retail Pharmacy Prescriptions</b> (30-day supply)		
Tier 1-Preferred Generic Drug	No charge	No charge
Tier 2-Preferred Brand and Non-Preferred Generic Drugs	No charge	No charge
Tier 3-Non-Preferred Brand Drugs	No charge	No charge
Tier 4-Non-Preferred Brand Drugs	No charge	No charge
<b>Mail Order Maintenance</b> (90-day supply)		
Tier 1-Preferred Generic Drug	No charge	No charge
Tier 2-Preferred Brand and Non-Preferred Generic Drugs	No charge	No charge
Tier 3-Non-Preferred Brand Drugs	No charge	No charge
<b>Covered Benefit</b>	<b>YOUR COST IN-NETWORK</b>	<b>YOUR COST OUT-OF-NETWORK</b>
<b>Mental Health, Autism Spectrum Disorder and Substance Use Disorder Services</b> Prior Authorization May be Required		
<b>Office visits</b>	No charge	No charge

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<b>Inpatient care</b>	No charge	No charge
<b>Outpatient care</b>	No charge	No charge
<b><u>Doctor on Demand</u></b>	No charge	NA
<b>Residential programs</b>	No charge	No charge
<b>Other Covered Services</b>	<b>Prior Authorization May be Required</b>	
<b>Durable medical equipment</b>	No charge	No charge
<b>Home health</b> (180 days per plan/benefit year)	No charge	No charge
<b>Prosthetics</b>	No charge	No charge
<b>Transplants</b>	No charge	No charge
<b>Pediatric Vision Care Services</b>	<i>This Vision Care Benefit only applies to Covered Dependents under age 19.</i>	
<b>Vision examination</b> (one per benefit/plan year)	No charge	No charge
<b>Vision care materials</b>	See Policy for limitations	
<b>Vision Exam Reimbursement</b>	Reimbursement Maximum	
<b>Vision exam</b> (one per benefit/plan year)	\$60	
<b>Dental Exam Reimbursement</b>	Reimbursement Maximum	
<b>Dental exam</b> (one per benefit/plan year)	\$100	

**This is a brief summary of benefits. Refer to your policy for additional information or a further explanation of benefits, limitations, and exclusions.**

- (1) Comprehensive Health Insurance Coverage** — Policies of this category are designed to provide to members, coverage for major hospital, medical, and surgical expenses incurred as a result of a covered accident or sickness. Coverage is provided for daily hospital room and board, miscellaneous hospital services, surgical services, anesthesia services, in-hospital medical services, and out-of-hospital care, subject to any deductibles, co-payment and/or coinsurance provisions, or other limitations which may be set forth in the policy.
- (2) Description of Benefits** – The policy provides Comprehensive Health Preferred Provider Organization (PPO) Insurance coverage. You have the option to receive services from an In-Network or an Out-of-Network Provider. Generally, benefits are paid at a higher level when an In-Network Provider is used. The Outline of Coverage reflects the benefits payable when services for Covered Benefits are provided by an In-Network Provider or an Out-of-Network Provider. The Outline of Coverage and the Covered Benefits provided under the Policy are indicated above.
- (3) Out-of-Network Maximum** – Be aware that your actual costs for services provided by an out-of-network provider may exceed this policy's maximum out-of-pocket for out-of-network services because out-of-network providers can bill you for the difference between the amount charged by the provider and the amount allowed by the insurance company. Amounts in excess of the allowed amount are not counted toward the out-of-network deductible or maximum out-of-pocket.

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- (4) **Prior Approval** – Covered Services may be subject to the prior approval process. Please see the comprehensive policy document for details on what services require prior authorization.

Rating Factors and Trend: The following factors are used in setting rates: regional information and assumptions regarding our expected population, the projected claims, income, and enrollment for the next 12 -month rating period, projected expenses for the plan of the next rating period, and/or age of the application or subscriber, industry, and risk characteristics. The trend of premium increases on average during the preceding five years is:

2018 (4.5%) ,2019(11%) ,2020(-11%), 2021 (-12%), 2022(1%)