

Quality Life Concepts
Plan C AC \$7000

Benefit Plan Year	July 1, 2024 – June 30, 2025	
Benefit Accrual Period	Plan Year	
Maximum Lifetime Benefit	In-network	Out-of-network
Individual (per member)	Unlimited	Unlimited
Deductible	In-network	Out-of-network
Individual (per member)	\$ 7,000	\$14,000
Family (per family)	\$14,000	\$28,000
Out-of-Pocket Limit Per	In-network	Out-of-network
Individual (per member)	\$ 7,000	\$14,000
Family (per family)	\$14,000	\$28,000
Coinsurance	In-network	Out-of-network
	0%	0%

This Policy provides a network through which members can receive benefits for allowable services from in-network providers. When using an in-network provider for covered medical expenses, the member is only responsible for applicable deductible, coinsurance and/or copayments of the allowable amount up to the maximum out-of-pocket. When using an out-of-network provider, the member is responsible for payment of billed charges beyond the allowed amount for covered medical expenses. Please note: The member is responsible for full charge of any non-covered medical expense. When you get emergency care or get treated by an out-of-network provider at an in-network hospital or ambulatory surgical center, you are protected from surprise billing or balance billing. For more information about “surprise billing”, visit <https://mountainhealth.coop/members/> and review the information provided under “Surprise Billing”.

COVERED BENEFITS

This Policy will pay Covered Medical Expenses incurred for Covered Benefits provided in Section 5 of your policy Document, Covered Benefits: based on the Allowable Fee, Deductible, Coinsurance, and Annual Out-of-Pocket Maximum amounts shown under the Benefit Information section of this Outline of Coverage. If a Copayment applies to a Covered Benefit, it will be indicated below in this Covered Benefits section. For Information regarding Prior Authorization requirements, please see section 6, Utilization Review, Management Program of your policy document.

Covered Benefit	YOUR COST IN-NETWORK	YOUR COST OUT-OF-NETWORK
Preventive Care		
Preventive/Wellness	No Charge	0% After Deductible

Professional Services*		
Primary care office visit – Tier 1 Provider	N/A	N/A
Primary care office visit – Tier 2 Provider	0% After Deductible	0% After Deductible
Specialist office visit	0% After Deductible	0% After Deductible
Therapy office visit - PT, OT, ST	0% After Deductible	0% After Deductible
Doctor on Demand	0% After Deductible	N/A
Surgeon	0% After Deductible	0% After Deductible
Anesthesiologist	0% After Deductible	0% After Deductible
Outpatient habilitation services	0% After Deductible	0% After Deductible
Outpatient rehabilitation services	0% After Deductible	0% After Deductible
Chiropractic Services (20 visits per year)	0% After Deductible	0% After Deductible
Hospital/Facility Services*		
Inpatient room and board	0% After Deductible	0% After Deductible
Inpatient habilitation services	0% After Deductible	0% After Deductible
Inpatient rehabilitation services	0% After Deductible	0% After Deductible
Skilled nursing facility care (60 days per year)	0% After Deductible	0% After Deductible
Outpatient surgery/services	0% After Deductible	0% After Deductible
Diagnostic and therapeutic radiology/laboratory and dialysis	0% After Deductible	0% After Deductible
Center of Excellence with prior approval by the Co-op	0% After Deductible	0% After Deductible
Urgent and Emergency Services		
Urgent care center	0% After Deductible	0% After Deductible
Doctor on Demand	0% After Deductible	N/A
Emergency room	0% After Deductible	0% After Deductible

Mountain Health Co-op does not discriminate on the basis of race, color, national origin, disability, age, sex, gender identity, sexual orientation, or health status in the administration of the plan, including enrollment and benefit determinations.

Ambulance; ground and air	0% After Deductible	0% After Deductible
Prescription Drug Benefit*	<i>If you choose a higher Tier drug when a lower Tier drug is available, you may be subject to additional member responsibility.</i>	
\$0 Out of Pocket Prescriptions (Value Preventive Drug List)	No Charge	N/A
Retail Pharmacy Prescriptions - (up to 30-day supply)		
Tier 1-Preferred Generic Drug	0% After Deductible	0% After Deductible
Tier 2-Preferred Brand and Non-Preferred Generic Drugs	0% After Deductible	0% After Deductible
Tier 3-Non-Preferred Brand Drugs	0% After Deductible	0% After Deductible
Tier 4-Specialty Drugs	0% After Deductible	N/A
Mail Order Maintenance - (up to 90-day supply)		
Tier 1-Preferred Generic Drug	0% After Deductible	N/A
Tier 2-Preferred Brand and Non-Preferred Generic Drugs	0% After Deductible	N/A
Tier 3-Non-Preferred Brand Drugs	0% After Deductible	N/A
Mental Health, Autism Spectrum Disorder and Substance Use Disorder Services*		
Office visits	0% After Deductible	0% After Deductible
Inpatient care	0% After Deductible	0% After Deductible
Outpatient care	0% After Deductible	0% After Deductible
Doctor on Demand	0% After Deductible	N/A
Residential programs	0% After Deductible	0% After Deductible
Other Covered Services*		
Durable medical equipment	0% After Deductible	0% After Deductible
Home health (180 visits per year)	0% After Deductible	0% After Deductible
Prosthetics	0% After Deductible	0% After Deductible
Transplants	0% After Deductible	0% After Deductible
Pediatric Vision Care Services	<i>This Vision Care Benefit only applies to Covered Dependents under age 19.</i>	
Vision examination (One per year)	No Charge	0% After Deductible
Vision care materials (See policy for limitations)	No Charge	0% After Deductible
Vision Exam Reimbursement Reimbursement Maximum		
Vision examination (One per year)	\$60	

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Dental Exam Reimbursement	Reimbursement Maximum
Dental exam/cleaning <i>(One per year)</i>	\$100

*Prior authorization may be required.

This is a brief summary of benefits. Refer to your policy for additional information or a further explanation of benefits, limitations, and exclusions.